SAME DAY EYE SURGERY INFORMATION SHEET:
Edward S. Harkness Eye Institute

You are scheduled for surgery on ________________________________ at the Edward S. Harkness Eye Institute, located at 635 West 165th Street, with Dr. ________________________________.

Please review the following important instructions:

A nurse from the Eye Institute 4th Floor ambulatory unit will call you on the day before surgery between the hours of 3 PM to 5 PM. The nurse will tell you when to arrive at the Eye Institute, and instruct you to check in with the security guard at the 165th Street entrance to the Eye Institute and to then proceed to Room 427 on the 4th Floor. You will be instructed to bring your insurance card and a picture ID. The nurse will review what medications you should and should not take the day of surgery. If you do not hear from the nurse by 5:45 PM on the day before surgery, please call the Eye 4 Nurse’s Station at (212) 305-3008.

You must obtain medical clearance from the physician who manages your medical care (usually your primary care provider) within 30 days of your scheduled surgery date. If you are 60 or older, we also require an electrocardiogram (EKG) done within the past year if your surgery will be performed under MAC (monitored anesthesia care) or within 30 days if performed under general anesthesia. If you have any medical problems, the physician providing medical clearance will also need to submit whatever additional test results are medically indicated. All these results should be faxed to (212) 342-5435 or otherwise presented to the Surgical Scheduling Office with delivery at least 7 business days prior to surgery.

If you are taking medications that promote bleeding (blood thinners or anti-platelet medications), including aspirin, clopidogrel (Plavix), warfarin (Coumadin), enoxaparin (Lovenox), ticlopidine (Ticlid), dipyridamole (Persantine), pentoxifylline (Trental), rivaroxaban (Xaralto), prasugrel (Effient), apixaban (Eliquis), dabigatran etexilate (Pradaxa), heparin, dalteparin (Fragmin), omega 3 fatty acids (e.g. Lovaza, fish oil, flaxseed oil), vitamin E, herbal medicines (e.g. St. John’s wort), or other anti-inflammatory medications known as NSAID’s (e.g. aspirin, Advil, Motrin, Aleve, and Naproxen), you must discuss this with your eye surgeon.

If your surgeon tells you to continue blood thinner/anti-platelet medications, you should take these medications as scheduled, including on the day of surgery. **Do NOT stop blood thinner/anti-platelet medication if your surgeon did not tell you to do so.**

If your eye surgeon suggests discontinuing blood thinners/anti-platelet medications, you must discuss with the physician who manages these medications (typically your primary care physician or heart doctor) if and when to discontinue these medications. Discontinuing these medications depends on your planned surgery and past medical history. **DO NOT discontinue**
these medications without getting approval to do so from the doctor managing these medications. Let your surgeon know if you can or cannot discontinue these medications.

If you are taking an MAO inhibitor, including phenelzine (Nardil), tranylcypromine (Parnate), isocarboxazid (Marplan), or selegiline (Deprenal, Eldapryl, and Emsam), you must inform your surgeon in order to avoid potentially fatal drug interactions during surgery.

If you are on diabetes medications, discuss with the physician who manages your diabetes how to adjust your diabetes medications (including insulin) the day of surgery.

Do not eat or drink anything after midnight the night before surgery or on the day of surgery, with the following exceptions: 1) a small sip of water with any medications that you take at any time on the day of surgery, 2) clear liquids (e.g. apple juice, black coffee without milk or cream, and soda such as Coke or ginger ale) may be consumed up to 3 hours prior to the scheduled surgery time (no orange juice), and 3) any food may be consumed up to 8 hours before surgery.

The Anesthesia Department accepts most major insurance plans, including Medicare, Medicaid, Aetna, Cigna, Empire Blue Cross/Blue Shield, and United Healthcare/Oxford. If you are not on one of these plans and/or you are not sure you are covered, please call the Anesthesia Department at (646) 317-3150 to determine your coverage for anesthesia services. If the Anesthesia Department does not participate with your plan, you will be responsible for some or all of the bill for anesthesia services.

On the Eye Institute 4th Floor, the staff can validate your parking ticket for a discounted rate on the day of surgery for the Fort Washington Garage (entrance on the west side of Ft. Washington Avenue just south of 165th Street).

If you have any questions, please call the Surgical Scheduling Office at (212) 305-3069.

Patient/Health Care Agent/Guardian/Family Acknowledgement:

I, ____________________________, have read and understand the instructions above.

Signature:_________________________  Date:___________  Time: __________